

VELÖVITA®

# zlēm™

sleep & slim

Can it be possible to effortlessly lose weight while you sleep? Zlēm (pronounced zleem) is a delicious and natural supplement that assists in helping you fall into a deep sleep, while also supporting your body in renewing, and maintaining a holistic healthy state.

**\$79.95 (USA)**

**\$89.95 (INTERNATIONAL)**

Zlēm is a powerhouse formula of more than 20 ingredients designed to help you fall asleep faster, and burn stored body fat during your nighttime renewal.



-  Supports Rejuvenated Mornings
-  Supports Healthy Weight Management
-  May help your body balance serotonin levels
-  May help turn down the dial on stress
-  Improves Sleep Quality
-  Enhances Nighttime Renewal

**Restful Sleep + Slimming Technology**  
=  
**New You in the AM**

## Zlēm gives you what you need for better sleep and a renewed, lighter you!

### Stage 1

Deep detox, and lighter brighter mornings!

### Stage 2

Relax, Renew, Rebalance, Revive!

Zlēm is a unique blend of advanced biohacking ingredients that aid in restoring your body into a refreshed and healthy state. Both stages naturally assist in deep relaxation and healthy weight management by providing much of the benefits of rigorous exercise while you sleep. With its powerful cleansing effects, Stage 1 helps your body eliminate toxins, while Stage 2 continues to deliver more energized mornings, a healthy balanced state, robust immune system, and a night of more sound deep sleep.

Our team of scientists developed this effective and state-of-the-art solution to assist you in achieving the healthy look and feel you've always wanted, all while you sleep.

For more info, please connect with the person who shared this with you or visit [velovita.com](http://velovita.com)

For Customer Support: [support@velovita.com](mailto:support@velovita.com)

## Why Is Sleep Important?

We've all heard that a good night's sleep is important. However, have you ever wondered why?

There are numerous reasons, including your health. First, lack of sleep is linked to lack of energy, weight gain, lack of concentration and productivity, even inflammation of the body. Quality sleep is also critical to the body's ability in repairing itself, and in maintaining a robust immune system. Once you get that full night's sleep, you feel lighter, rejuvenated, refreshed, and ready to take on the day!

## Why Is Healthy Weight So Hard To Maintain?

Our weight is affected by so many things; stress, mood, eating too much, our level of daily activity, and many more. With our fast-paced, convenience-oriented lifestyle, it seems as if the odds of maintaining a healthy weight are stacked against us, UNTIL NOW!

Zlēm was formulated with all of these in mind and includes a specialized ingredient that's been clinically proven to provide your body the signal to burn fat, which usually comes from rigorous exercise, making it a multi-faceted, highly unique and effective solution. Take back that younger you!

## Ingredients below: Made with You in Mind

zlēm stage 1	
<b>Supplement Facts</b>	
Serving Size: 1 Snap (15mL)	
Servings Per Container 7	
Amount Per Serving	%DV
Calories 30	
Total Carbohydrate 9 g	3%*
Sugar Alcohol (as Sorbitol) 9 g	+
Niacin (as Niacinamide) 50 mg	313%
Calcium (as Calcium Amino Acid Chelate) 20 mg	2%
Magnesium (as Magnesium Citrate) 25 mg	6%
Melatonin 5 mg	+
<b>Velovita Proprietary Body Sculpting Blend 1.8 g</b>	+
GABA (Gamma Aminobutyric Acid), MitoBurn™ (L-8-Aminoisobutyric Acid), Senna Leaf Extract, L-Theanine, Cranberry Fruit Powder, Milk Thistle Extract, Ashwagandha Root Extract, Papain (Carica Papaya Extract), Organic Dandelion Root Extract, Organic Artichoke Extract, Lemon Balm Extract, Ginger Root Powder, Enzyme Blend (Amylase, Cellulase, Invertase, Papain, Protease, Lactase, Bromelain, Lipase, Maltase), Passion Flower Extract, Hops Flower Extract, Marshmallow Root Extract, Black Pepper Extract	
* Percent Daily Values (DV) are based on a 2000 calorie diet	
† Daily Value (DV) not established	

**OTHER INGREDIENTS:** Purified Water, Natural Flavor, Sea Salt, e-Polylysine (preservative), Rebaudioside M (Stevia Extract)

zlēm stage 2	
<b>Supplement Facts</b>	
Serving Size: 1 Snap (15mL)	
Servings Per Container 18	
Amount Per Serving	%DV
Calories 10	
Total Carbohydrate 7 g	2%*
Sugar Alcohol (as Sorbitol) 6 g	+
Vitamin C (as Ascorbic Acid) 90 mg	100%
Niacin (as Niacinamide) 50 mg	313%
Calcium (as Calcium Amino Acid Chelate) 20 mg	2%
Potassium (as Tri Potassium Citrate) 200 mg	4%
Melatonin 5 mg	+
<b>Velovita Proprietary Balance &amp; Relaxation Blend 2.1g</b>	†
L-Citrulline, GABA (Gamma Aminobutyric Acid), MitoBurn™ (L-8-Aminoisobutyric Acid), Green Tea (leaf) Extract, L-Theanine, Cranberry Fruit Powder, Beet Root Powder, Organic Artichoke Extract, Apple Cider Vinegar, Milk Thistle Extract, Papain (Carica Papaya Extract), Organic Dandelion Root Extract, Ashwagandha Root Extract, Enzyme Blend (Amylase, Cellulase, Invertase, Papain, Protease, Lactase, Bromelain, Lipase, Maltase), Lemon Balm Extract, Passion Flower Extract, Marshmallow Root Extract	
* Percent Daily Values (DV) are based on a 2000 calorie diet	
† Daily Value (DV) not established	

**OTHER INGREDIENTS:** Purified Water, Erythritol, Natural Flavor, Rebaudioside A (Stevia Extract), Malic Acid, e-Polylysine (preservative), Rebaudioside M (Stevia Extract)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NON GMO



GLUTEN FREE



VEGAN



KETO-FRIENDLY



DAIRY FREE

zlēm™  
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## How To Take Back That Younger You!

1

Use the whole box per instructions.



### Stage 1

Use the first seven days.



### Stage 2

Finish the box with 1 a night.

2

Place back of snap near your mouth, bend in half, snap n' squeeze (can be taken in 4 oz. of water if preferred).



**SNAP'N SQUEEZE**

3

For the best results, take 30 minutes prior to bedtime, and then take Brān in the morning. Store at room temperature to preserve freshness.



## Did you Know?

Epidemiological studies show that insufficient sleep is independently associated with a higher risk of obesity. Clinical studies of sleep-restricted adults show increased hunger and calorie intake. ~Harvard University

**WARNING:** Before taking any dietary supplement you should always consult your health care practitioner if you are using any medications or have any medical conditions. Velovita advises consulting your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.