# BALANCEOIL+ All-Natural polyphenol omega balance dietary supplement







BalanceOil+ is an all-natural Polyphenol Omega Balance food supplement high in olive polyphenols, Omega-3 and vitamin D<sub>3</sub>. It safely adjusts and maintains EPA + DHA levels and the Omega-6:3 Balance in your body while protecting your cells from oxidation.\* It contains a premium blend of oils derived from wild-caught small fish and pre-harvest extra virgin olive oil.

**Content:** 300 mL (10.1 FL OZ)

### ALL-NATURAL INGREDIENTS

- ▶ The fish oil, from wild-caught small fish
- Cold-pressed extra virgin olive oil
- ▶ Vitamin D<sub>3</sub> is derived from a natural source
- Contains only natural flavors

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### POLYPHENOL PROTECTION

NON GMO

Protect your cells from rusting (oxidation). Olive oil polyphenols contribute to the protection of blood lipids from oxidative damage.\*

NATURALLY SOURCED INGREDIENTS



### GET BALANCED

KETC

KETO FRIENDLY

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



### TEST-BASED NUTRITION

See your individualized before and after test results.



### ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.

### NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart,\* brain\* and immune\* function.

### CARE FOR THE FUTURE, TODAY

By choosing BalanceOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.



# SUPPLEMENT FACTS

Supplement Facts		
Body Weight Serving Size Serving per Container	110 lb 1.5 tsp (7.5 mL) 40	175 lb 2.5 tsp (12.5 mL) 24
Amount per Serving	% DV	% DV
Calories Total Fat Polyunsaturated Fat Monounsaturated Fat Vitamin D Omega-3 Fatty Acids EPA (Eicosapentaenoic Acid) DHA (Docosahexaenoic Acid)	60 7 g 11 % 2 g † 12.6 mcg 126 % 1500 mg † 802 mg † 427 mg †	<u>3 ğ t</u> 5 g t 6 20 mcg 200 % 2500 mg t 1336 mg t 711 mg t
Olive Oil of which oleic acid (Omega-9) of which Olive Polyphenols * Percent daily value (DV) are based or † Daily Value (DV) not established	2557 mg † 1918 mg † 2,2 mg † a 2.000 calorie diet.	<u>4262 mg †</u> 3197 mg † 3,7 mg †

INGREDIENTS: fish oil (anchovy, mackerel, sardine), cold pressed olive oil, tocopherols (to preserve freshness), natural flavors,\*\* cholecalciferol. Contains anchovy, mackerel, sardine.

- \*\* Natural vanilla flavor
- \*\* Natural lemon flavor
- \*\* Natural orange lemon mint flavor
- \*\* Natural grapefruit lemon lime flavor

**SUGGESTED USE:** 0.0136 tsp x lb body weight. Adjust serving size based on body weight, for example: Adults with body weight 110 lbs: 1.5 tsp daily, 150 lbs: 2.0 tsp daily, 220 lbs: 3.0 tsp daily (1 tsp = 5 mL). Do not exceed recommended daily dose.

Combine dietary supplements with a balanced diet and healthy lifestyle for best results.

**STORAGE:** Store unopened bottles in a dark dry place at room temperature or in refrigerator. Store opened bottles in refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C (39 °F) due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

**WARNING:** Consult your physician before using BalanceOil<sup>™</sup> if you are pregnant, nursing, taking prescription drugs or have a medical condition. Do not give BalanceOil™ to children under four years of age.

PROPRIERTARY POLYPHENOL BLEND: Hydroxytyrsol, Tyrosol, Oleuropein, Oleocanthal, Flavonoids.

PROPRIERTARY BALANCE BLEND: Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D<sub>3</sub>.

**NATURAL:** BalanceOil+ is made only from ingredients coming from natural sources.

GMO-FREE: Our products are GMO-free (i.e. free of genetically modified organisms).

#### **FISH OIL**

The fish oil we use is produced by LYSI, one of Iceland's leading fish oil producer. It is primarily derived from short-lived, small pelagic fish, such as sardines, anchovies and mackerel, and produced according to our specification. The critical factor is a fatty acid profile that efficiently normalizes the Omega-6:3 fatty acid balance in your body within 120 days.\*

Our fish oil is derived from whole, unprocessed fish. The oil goes through a refining process to remove environmental contaminants (if any is present) and is certified as free from heavy metals and other toxins. The fish oil used in Balance products follows the strict EU regulation regarding content of environmental contaminants, and is below all the limits set. LYSI meets all regulatory requirements for production and follows GMPs (Good Manufacturing Practices) for food and pharmaceutical products.

#### EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected due to its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest guality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects.\* The polyphenols protect the BalanceOil+ in the bottle but even more importantly, also your cells. Our products are GMO-free (i.e. free of genetically modified organisms).

#### VITAMIN D<sub>2</sub>

BalanceOil+ contains vitamin D<sub>3</sub> (cholecalciferol). We use a natural vitamin D<sub>3</sub> (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D is made by dissolving a precursor to vitamin D from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D.

#### NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used anti-oxidant in dietary supplements. The natural tocopherols used are made from GMOfree, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols. Caution: If you are allergic to soy, please check with your physician.

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# FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists formulated BalanceOil+ to combine the Omega-3 with the correct amounts of olive oil that provides Omega-9 and antioxidants in extra high amounts. This synergistic combination makes it possible to safely adjust and maintain the Omega-3 in your body to achieve an Omega-6:3 Balance below 3:1.\*

# PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the worlds largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for USA. After taking BalanceOil products for 120 days, the average ratio is for most people below 3:1.

# NORMAL BRAIN FUNCTION

EPA and DHA helps maintain optimal brain function.\*

# GOOD FOR YOUR HEART

EPA and DHA contribute to the normal function of our hearts.\*

## THE IMMUNE SYSTEM

BalanceOil+ contains vitamin  $\mathsf{D}_3$  , vitally important for the immune system as it contributes to its normal function.\*

# OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.\* Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.

## KEY BENEFITS

- Normal brain function\*
- Good for your heart\*
- Good for your immune system\*
- Helps maintain optimal EPA and DHA in your body\*
- Helps maintain optimal Omega-6:3 levels in your body\*
- Helps maintain polyphenol levels in your body to support blood lipids from oxidative stress\*
- Supports healthy and normal eye function,\* helps maintain triglyceride and blood pressure levels that are already within normal limits\* and promotes healthy bones, muscles, teeth and cells\*

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