



ZINZINO

ZinoBiotic

ZinoBiotic is a tailored blend of 5 natural dietary fibers. These fibers are metabolized in the colon (the large intestine) where they support the growth of beneficial bacteria*.

ZinoBiotic helps maintain healthy levels of blood sugar and cholesterol*. The fibers promote healthy bowel functions including regularity*.



** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

Key Benefits*:

- ✓ Dietary fiber blend
- ✓ Gut health
- ✓ Balanced cholesterol
- ✓ Balanced blood sugar
- ✓ Healthy bowel functions and regularity
- ✓ Balanced microbiome
- ✓ Colon cleanse

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ZinoBiotic Fiber blend

DIETARY FIBERS

Other products generally contain only one or two fibers, a strategy that is not enough for your daily need. ZinoBiotic contains significant amounts of five dietary fibers. This approach ensures benefits for your whole colon. Psyllium husk is a so called insoluble fiber that is aimed at bowel functions, whereas the other four fibers are soluble and are fermented in the colon where resistant starch contributes to the reduction of the otherwise normal rise of blood sugar after meals*.

GUT HEALTH

The fibers in ZinoBiotic stimulate the growth of beneficial bacteria throughout your colon. There are over 100 trillion bacteria in the human colon and while some are good for our health, others are less desirable. The beneficial bacteria use dietary fibers as their fuel, enabling them to outgrow and displace the less wanted bacteria. The beneficial bacteria contribute to many important body functions, such as educating our immune system. They are also linked to better moods, stamina and health in general. A healthy gut is essential for a healthy body*.

The fibers in ZinoBiotic also contribute to a feeling of fullness in your stomach (which can help with appetite control), but at the same time they reduce bloating by improving regularity*. There may be a short period of adjustment while the fibers begin to improve the bacterial population in your colon. Any concerns should be addressed to your healthcare provider.

OPTIMAL CHOLESTEROL LEVELS

One of the five fibers is beta glucan from oats. This helps to maintain optimal blood cholesterol.

WHICH FIBERS?

ZinoBiotic is a concentrated blend of 5 dietary fibers: digestion resistant starch from whole grains, inulin from chicory root, beta glucan from oats, and fructo-oligosaccharide (FOS) also from chicory root and psyllium husk. We have added exactly the same dietary fibers as in LeanShake, thus providing you with two different ways of getting healthy fiber into your diet.* Combining LeanShake and ZinoBiotic works well too.

Supplement Facts

Serving size 1 Scoop (6 g)
Servings Per Container about 32

| Amount per Serving | | % DV |
|--------------------|-----|------|
| Calories | 14 | |
| Total Carbohydrate | 5 g | 2%* |
| Dietary Fiber | 4 g | 13%* |

* Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Resistant starch (from whole grains), beta glucan from oat, inulin, fructooligosaccharides, psyllium husk powder, bulking agent (xanthan gum E415), anti-caking agent (tricalcium phosphate E341), natural sweetener (steviol glycosides E960)

DIRECTIONS: Mix 12 g (2 scoops) powder with 1 cup (240 ml.) water in shaker bottle, or mix it with a ready to drink product of your choice e.g. LeanShake or a fruit smoothie drink. Take 2 scoops 1-2 times a day according to your preference. Do not exceed recommended daily dose. Combine dietary supplements with a balanced diet and healthy lifestyle for best results.

WARNING: This product should not be used by children under the age of four years or women who are pregnant or nursing or persons with eating disorders. Persons with medical conditions should not use this product without consulting a physician.

STORAGE: Dry and cool with the lid on.

Frequently asked questions

Why should I take ZinoBiotic Fiber blend?

Health scientists agree that we should increase our daily dietary fiber intake. ZinoBiotic provides a blend of dietary fibers that serve as fuel for the beneficial bacteria in our colon so that they grow and replace unwanted bacteria*. This balances our microbiome.

Can I take ZinoBiotic Fiber blend and LeanShake together?

Yes. You can consume both products together in the same meal or separately at different times during the day, as you prefer. The dietary fibers in ZinoBiotic are the same as the ones found in LeanShake. In one serving of 60 g LeanShake, you get 3 g of dietary fibers, i.e. half the dose in ZinoBiotic, which are beneficial for the bacteria in your colon*.

What if I experience temporary discomfort from taking ZinoBiotic?

Please reduce your intake for short period of time. If symptoms persist, please check with your healthcare provider.

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ZinoBiotic Fiber blend

STATEMENTS OF NUTRITIONAL SUPPORT

- > Dietary fibers are beneficial for the bacteria in the colon.
- > Beta-glucans contribute to the maintenance of blood cholesterol levels that are already within normal limits.
- > Oat grain fiber contributes to an increase in fecal bulk.
- > ZinoBiotic is a fiber blend in which the main purpose is to maintain optimal balance in the colon (the large intestine) by feeding all the beneficial bacteria (probiotics), so they can flourish and thus constitute a higher percentage of the total bacteria population. This should be done by increasing all the beneficial bacteria in the whole colon.
- > Many other products on the market contain only one or two ingredients which only have an impact on a small part of bacteria or in a limited part of the colon.
- > Stimulates the growth of all beneficial bacteria in the whole colon.
- > Beta glucan from oats helps maintain blood cholesterol levels that are already within normal limits.
- > Resistant starch contributes to the reduction of the blood glucose rise after meals.
- > These [ingredients] are used because they are good sources of dietary fibers, and because they hold an important role in balancing different parts of the large intestine (colon).
- > Here, they function as food for the microbiota which stimulates their growth and activity and increases their number relative to the total bacteria population of the colon. This helps support digestive function and has many other beneficial effects for the body.
- > ZinoBiotic fiber blend gives you several types of dietary fibers which serve as food for the beneficial bacteria in our colon.

